

You are
GROWING
the best
you can

You are
READY
to
BLOOM

It's OK
to ask
for
gardening
Help

You are
capable of
AMAZING
growth

NOTE TO SELF

Your
boundaries
help your
garden
THRIVE

All your
FEELINGS
belong in
the garden

It's OK
to
REPLANT
and **TRY**
AGAIN

You
CHOOSE
what to
GROW





You Are a Gardener®

